



Missoula Community Health Map Guide

The Missoula Community Health Map is a collaborative project of the Missoula City-County Health Department, Missoula County, and the City of Missoula. The map was inspired by Missoula's Invest Health planning grant awarded by the Robert Wood Johnson Foundation and the Reinvestment Fund. The Invest Health goal is to transform how leaders from mid-size American cities work together to help low-wealth communities thrive, with specific attention to community features that drive health, such as access to safe and affordable housing, places to play and exercise, and quality jobs.

The Missoula team is diving deep to understand what community health and development improvements are needed that will positively affect health outcomes related to obesity and mental health. Missoula, like other cities faces some of the nation's deepest challenges with entrenched poverty, poor health and a lack of investment. But it also offers fertile ground for strategies that improve health and have the potential to boost local economies. The program has the potential to fundamentally transform the way Missoula improves opportunities to live healthy lives by addressing the drivers of health, including jobs, housing, education, community safety and environmental conditions.

The map provides a visual representation of health information and the relationship between obesity, mental health, and the physical environment, with an emphasis on low-wealth neighborhoods. This data can be a powerful tool for our community to better understand how neighborhoods access their environments. The map can be used for policy work, grant applications and strategic efforts to identify ways to support our efforts to create healthy places for Missoula residents to live, work, and play. Let's build a culture of health in Missoula.

Tips to drive the map:

1. Click on "**Streets**"
2. Click on red "**X**"
3. Click on "**Missoula**" multiple times to zoom

4. Select the “**Health**” tab
5. Click on any of the subject boxes

Health
Schools / Clinics
Fitness / Activity
Nutrition
Boundaries
Transportation
Health Statistics
Poverty Statistics
Other Statistics

Missoula Community Health Map Data Sources

Schools and Clinics

Missoula County Public Schools

Public preschools

Health clinics, mental health clinics, hospitals, Federally Qualified Community Health Centers, drug and alcohol treatment centers

Missoula City County Health Department, Health Promotion Division

<http://www.missoulacounty.us/departments/health-department/healthy-people-healthy-families>

(406) 258-3389

Fitness and Activity

Bike Routes and Lanes, Trails and Sidewalks

City of Missoula Transportation and Planning Division

<http://www.ci.missoula.mt.us/1446/Transportation-Division>

(406) 552-6675

Playgrounds and Public Parks

City of Missoula, Parks and Recreation Department

<http://www.ci.missoula.mt.us/157/Parks-Recreation>

(406) 552-6677

Nutrition

Kids EmPower Pack Food Program

Weekend nutrition program that sends food home for the weekend with children who need it.

Missoula Food Bank

<http://www.missoulafoodbank.org/>

(406) 549-0543

Breast Feeding Friendly Business and Water Fountains

Missoula City County Health Department, Nutrition Services Division

<http://www.missoulacounty.us/departments/health-department/healthy-people-healthy-families/eat-smart-3561>

(406) 258 – 3827

SNAP and WIC Retailers – local grocery and convenience stores

Missoula City County Health Department, Health Promotion Division

<http://www.missoulacounty.us/departments/health-department/healthy-people-healthy-families>

(406) 258-3389

Community Gardens

Community gardens teach people to grow food to feed their own families using sustainable methods. Eight community gardens are located in low-income neighborhoods throughout the city.

Garden City Harvest

<http://www.gardencityharvest.org/>

(406) 523-3663

Boundaries

Affordable Housing

Subsidized housing for people on lower incomes in which rent or mortgage costs do not exceed a specific percentage, usually 30 percent, of the gross annual household income.

Neighbor Works Montana

<http://www.nwmt.org/>

Neighborhoods

City of Missoula

<http://ci.missoula.mt.us/298/Neighborhoods>

Brownfields

A brownfield is a former industrial or commercial site where future use is affected by real or perceived environmental contamination.

Source: PolicyMap, Census Tract 2010

Urban Renewal District

A program of land redevelopment in areas of moderate to high density urban land use.

City of Missoula

<http://ci.missoula.mt.us/2004/Programs>

Mobile Home Courts

Neighbor Works Montana

<http://www.nwmt.org/>

(406) 761-5861

Transportation

Bus Routes and Bus Stops

Mountain Line Bus

<http://www.mountainline.com/>

(406) 543-8386

Safe Routes to School

Parents, schools, community leaders, and local, state and federal governments create Safe Routes to School programs to enable and encourage children to walk and bike to school.

City of Missoula Transportation and Planning Division

<http://www.ci.missoula.mt.us/1446/Transportation-Division>

(406) 552-6675

Sidewalk Inventory

City of Missoula, Transportation and Planning Division

<http://www.ci.missoula.mt.us/1446/Transportation-Division>

(406) 552-6675

Health

Adult Obesity

Child Obesity

Estimated rate of childhood obesity rates specific to neighborhood populations

Missoula City County Health Department, Health Promotion Division

<http://www.missoulacounty.us/departments/health-department/healthy-people-healthy-families>

(406) 258-3389

Adult Diabetes

Poor Mental Health Days

Poor /Fair Mental Health Days

Depression

Source for all data except Child Obesity: PolicyMap, Census Tract 2010

Poverty

All Poverty

One Adult and Child(ren)

One Female Adult and Child(ren)
Deep Poverty

Source for all data: PolicyMap, Census Tract 2010

Definition of Poverty:

2010 Poverty guidelines = Persons in family

1	10,830
2	14,570
3	18,310
4	22,050
5	25,790
6	29,530
7	33,270
8	37,010

For families with more than 8 persons, add \$3,740 for each additional person.

Deep poverty = Estimated percent of families living in deep poverty (at less than 50% of the poverty level) between 2010-2014. A family is defined by the US Census Bureau as a group of two or more people who reside together and who are related by birth, marriage, or adoption.

Persistent poverty = 20 percent or more of its population living in poverty over the past 30 year.

Other Statistics

Neighborhoods % Tree Canopy

Urban forests can cool us during summer heat, filter pollution, and reduce energy bills, and help us adapt to climate change.

City of Missoula, Parks and Recreation Department
<http://www.ci.missoula.mt.us/157/Parks-Recreation>
(406) 552-6677

Health Outcome Rankings and Health Factor Rankings

Rankings are based on a model of population health that emphasizes the many factors that can help make communities healthier places to live, learn, work and play.

<http://www.countyhealthrankings.org/>